



## ARES Tulsa County Position Task Book Info Sheet

The **ARES Position Task Book (PTB)** has been customized for Tulsa County and is designed to track and document your progress with training on specific requirements. The PTB is organized with three levels; 1- basic, 2- intermediate, and 3- advanced. Start documenting your progress with the basic level. There are some tasks that are optional or encouraged. Please pay close attention to each.

### Resources:

- **ARRL provides online training at <https://learn.arrl.org>** This includes basic through advanced. You need to be a current and paid member of the ARRL and will need to set up a separate sign in from your ARRL credentials. Save and print your certificates after you pass your online exams.
- **FEMA provides training online.** You start by establishing a Student ID with FEMA. That SID will stay with you throughout your training. Save and print your certificates after you pass your online exams.
- The **Oklahoma Medical Reserve Corps** provides great training and certification. You will need to join OKMRC at <https://www.okmrc.org/> Once you establish your account you can use some of your FEMA ICS training to meet requirements. If you need assistance getting started with OKMRC let us know and we will connect you with OKMRC resources to help.
- **Participate in our weekly nets** to gain additional information about our training program in 2026. Weeks 1-3 the net is called on 145.170 with a PL of 88.5. Weeks 4 and 5 the net is called on the W5IAS SuperLink system. In Tulsa the frequency is 443.850 with a PL of 88.5.
- **The Tulsa County ARES PTB** is a living document and will be updated over time to meet the needs of our served agencies.

When you are ready for sign off (task or completed level) contact me at [paulhtee@gmail.com](mailto:paulhtee@gmail.com) or call 918-998-8032.